

Arvind donates blood at GMC Jammu under Seva Pakhwada on PM Modi's Birthday



TT CORRESPONDENT

JAMMU, SEPT. 17 : Continuing the spirit of service and social responsibility, MLA Arvind Gupta today donated blood at a blood donation camp organized by BJP at Government Medical College (GMC) Jammu as part of Seva Pakhwada, marking the birthday celebrations of Prime Minister Narendra Modi.

The camp witnessed enthusiastic participation from party workers, students, youth volunteers, and members of the general public who came forward to donate blood. Doctors and paramedical staff from GMC Jammu facilitated the smooth conduct of the camp, ensuring proper medical care and arrangements for all donors.

Speaking on the occasion, MLA Arvind Gupta said that the initiative was a humble tribute to Prime Minister Modi, whose life and work have been an inspiration for millions. "Prime Minister Narendra Modi has always emphasized service to humanity as the highest form of devotion. Organizing this blood donation camp on his birthday is our way of contributing to society and carrying forward his vision of 'Seva hi Sangathan'," Gupta remarked.

He further added that blood donation is a noble act that saves lives and reflects the values of compassion and selflessness. "I am thankful to all the volunteers who came forward today. Each unit of blood donated is a gift of life for someone in need. This is true nation-building in action," he said.

The MLA also highlighted the importance of Seva Pakhwada, which is being observed across the country with various activities such as health check-up camps, cleanliness drives, plantation campaigns, and awareness programs. He reiterated that such initiatives strengthen the bond between citizens and inspire collective responsibility for society's well-being.

The camp concluded with participants pledging to continue engaging in social service activities in the future. The event not only honored Prime Minister Modi's birthday but also showcased the spirit of community service and humanitarian values.

National Workshop on Character Building and Personality Development Concludes at CUJ



TT CORRESPONDENT

JAMMU, SEPT. 17 : The Central University of Jammu, in collaboration with Shiksha Sanskriti Uththan Nyas, Jammu, Kashmir and Ladakh Pradesh, organized a National Workshop on "Character Building and Holistic Personality Development in the Context of National Education Policy 2020."

The inaugural ceremony, presided over by Hon'ble Vice-Chancellor Prof. Sanjeev Jain, was graced by Dr. Atul Kothari, National Secretary of Shiksha Sanskriti Uththan Nyas and renowned educationist, as the Chief Guest. Dr. Devansh Yadav, Commissioner, Jammu Municipal Corporation, was the Guest of Honour. Also present on the dais were Prof. Ranvijay, President of Shiksha Sanskriti Uththan Nyas (J&K & Ladakh) and Prof. Yashwant Singh, Registrar of the University.

The program commenced with the ceremonial lighting of the lamp by dignitaries, followed by a Saraswati Vandana presented by students of the Department of Hindi. Dr. Akshay, Convener of Shiksha Sanskriti Uththan Nyas (J&K & Ladakh), welcomed the guests and highlighted the objectives of the workshop.

In his address, Vice-Chancellor Prof. Sanjeev Jain emphasized that the theme of the workshop is highly relevant for students and teachers across the nation. He explained that the core aim of the National Education Policy 2020 is the holistic development of Indian education. Stressing the pivotal role of youth in nation-building, he said character development must be prioritized. He added that while universities can confer prestigious degrees, true character building requires transformation at the level of consciousness. He called upon teachers to follow the Guru-Shishya tradition and focus on nurturing students' character.

Delivering the keynote address, Dr. Atul Kothari highlighted that chanting of Omkar is the foundation of mental peace and concentration, and that meditation aims to still the mind and focus on a single subject. Quoting Swami Vivekananda, he underlined the importance of teaching concentration.

Speaking on NEP 2020, he stressed its fundamental objective of integrating India's knowledge traditions into education and fostering value-based personalities. Citing a verse from the Mahabharata, he noted that one cannot be free from evils without embracing virtues.

Referring to the Taittiriya Upanishad's Pancha Kosha (five sheaths-Annamaya, Pranamaya, Manomaya, Vijnanamaya, and Anandamaya), he emphasized the need for personality development based on holistic growth. He urged the preservation and promotion of India's knowledge heritage and the need to connect youth with it.

Guest of Honour Dr. Devansh Yadav, Commissioner, JMC Jammu spoke on the social responsibility of education and its role in nation-building. The inaugural session was conducted by Dr. Vikas Singh, while the vote of thanks was presented by Registrar Prof. Yashwant Singh.

In the second technical session, Dr. Vikas Singh (Central University of Jammu), Prof. Jasbir Singh (University of Jammu), and Dr. Neetu Kumari (Cluster University of Jammu) delivered lectures on personality development based on Indian traditions and the Panchakosha framework. The session was conducted by Preeti Gupta, with welcome remarks by Dr. Akshay Kumar and a vote of thanks by Dr. G.V. Snigdha Raj.

Students and faculty actively participated in the interactive discussions.

The workshop convener concluded by stating that the true purpose of education is the manifestation of the divinity within. Education, when it creates individuals who are virtuous, duty-bound, and endowed with inner strength, will truly serve as the carrier of both nation-building and humanity.

JMC Organizes Plog Run under Swachhata Hi Seva and Seva Parv 2025

TT CORRESPONDENT

JAMMU, SEPT. 17 : In a remarkable step towards promoting cleanliness and environmental awareness, the Jammu Municipal Corporation (JMC) today organized a Plog Run under the banner of Swachhata Hi Seva and Seva Parv 2025. The initiative was aimed at encouraging citizens to adopt hygienic practices and contribute collectively to building a garbage-free, clean, green, and healthy Jammu city.

The event commenced at 9:00 AM with a plog run that started from Government Sarwal Hospital and concluded at Tali Morh. The unique run was not just about fitness but combined physical activity with social responsibility, as participants picked up litter along the route, reinforcing the core message of the Swachh Bharat Abhiyan.

The run was flagged off by Deputy Commissioner Jammu, Rakesh Minhas, who appreciated the enthusiastic participation of students, health workers, and local residents. The event also witnessed the gracious presence of MLA Jammu East, Yudhvir Sethi, MLA Jammu West, Arvind Gupta, and Commissioner, Jammu Municipal Corporation, Dr. Devansh Yadav, who joined in to motivate the participants. A large number of doctors and staff from Government Sarwal Hospital, students from different schools and colleges, and volunteers from local communities



took part in the plog run. Students performed songs, slogans, and cultural presentations highlighting the importance of cleanliness and community participation in keeping the city pollution-free. Their enthusiastic chants of "Don't litter the streets-Use dustbins only" and "Keep Jammu Clean and Green" inspired the public and onlookers along the route.

During the run, participants collected garbage in eco-friendly bags, setting a positive example for citizens and urging them to adopt cleanliness as a way of life. Local shopkeepers, residents, swachhata Champions, brand ambassadors and pedestrians joined the movement and encouraged to be more mindful about waste disposal and to actively support the city's cleanliness mission.

Addressing the gathering at the conclusion of the plog run, Deputy Commissioner Jammu, Sh. Rakesh Minhas, emphasized that such initiatives play a crucial role in creating public awareness and changing mindsets. He said, "Cleanliness cannot be achieved by government efforts alone, it requires the active cooperation of each

and every citizen. Programs like Swachhata Hi Seva and Seva Parv need to be taken to every ward and colony of Jammu to instill a culture of cleanliness in society."

Dr. Devansh Yadav, Commissioner JMC, in his address, thanked the participants for their energetic involvement and highlighted that the younger generation will serve as a torchbearer for such campaigns. He said, "Our children and youth are the real ambassadors of cleanliness. Their energy and commitment will guide society towards adopting responsible civic practices. JMC is determined to spread awareness in every nook and corner of the city so that Jammu sets an example of being one of the cleanest cities in the country."

Both MLA Jammu East, Yudhvir Sethi, and MLA Jammu West, Arvind Gupta, lauded the efforts of JMC and the citizens, calling for wider participation in such cleanliness drives. They underlined that every small step taken by an individual in keeping surroundings clean will ultimately contribute to a larger movement for a healthy and progressive Jammu.

Work efficiently on ground instead of shifting blame to centre; BJP to Omar Abdullah

'Markaz Ki Chaal' narrative does not work anymore

TT CORRESPONDENT

JAMMU, SEPT. 17 : The National Conference and its leader Omar Abdullah are once again playing their oldest political trick-blaming New Delhi to cover their own failures. This "Centre Ki Chaal" narrative has been NC's shield since 1947, a tool to divert public resentment whenever their misrule is exposed. Today, the same tired drama is being staged again. This was stated by former MLC and spokesperson of BJP JK-UT Girdhari Lal Raina in Jammu today.

Addressing a press conference along with Advocate Purnima Sharma - spokesperson BJP JK-UT, he said that The Jammu-Srinagar National Highway crisis is a telling example. While fruit growers and truckers lost crores and ordinary citizens remained stranded in misery, Omar Abdullah's government stood paralyzed. Chief Minister or his colleagues did not bother to visit hot spots to understand ground reality. When questioned, the Chief Minister first claimed he had no authority-yet he



continues to cling to power without shame or accountability. And when anger mounted, he attempted to shift the blame to Delhi, hoping the people would once again be misled, GL Raina added.

Asserting that the people of Jammu and Kashmir are not blind and can't be misled again and again, GL Raina said that people appreciate efforts of NHAH making highway operational against all odds. They have seen with their own eyes how NHAH teams, under the direct guidance of Union Minister Shri Nitin Gadkari, worked tirelessly round the clock in hostile weather and treacherous conditions. Over a dozen excavators and 50 earth-movers were pressed into

service, a two-lane diversion was built, and traffic was restored. This is real action, not hollow rhetoric.

In contrast, Omar Abdullah restricted himself to social media statements and hollow political posturing. He did not even have the courage to visit the affected areas, where people continue to suffer. His claim that "if the highway was under him, he would have opened it" has only exposed his hypocrisy. Citizens are rightly asking: if you cannot even clear the mud and debris on roads under your own UT government, how can you claim you would have restored a national highway, he asked?

Taking a jibe at Chief Minister, GL Raina further stressed that on one hand

you cry no authority, no funds, no power and on the other hand you demonstrate sufficient power, authority and resources for luxurious pleasure trips to Paris.

Adv. Purnima Sharma said that even today, many hilly areas-especially in Jammu-remain cut off. Relief has reached people only because the Indian Army and IAF stepped in, not because of any effort from the Omar Abdullah-led administration.

The fact is clear: the NC's politics of deception is collapsing. Omar Abdullah cannot hide behind Delhi anymore. The people demand responsibility, accountability, and delivery-not diversion, blame games, and photo-ops. She stressed.

Purnima Sharma cited numerous examples of connecting and link roads of Jammu - the capital city which are awaiting administrative attention.

The NC must realize that the old methods of fooling people are dead. What Jammu and Kashmir needs is leadership on the ground, not excuses on Twitter.

Poshan Project Kot Bhalwal, Ramakrishna Mission celebrate 8th Rashtriya Poshan Maah 2025 with free Ayurvedic Health-cum-Awareness Camp

TT CORRESPONDENT

JAMMU, SEPT. 17 : To mark the beginning of the 8th Rashtriya Poshan Maah 2025, a special program was organized by Poshan Project Kot Bhalwal in collaboration with Ramakrishna Mission Medical Centre and Government Ayurvedic Hospital, Jammu.

The event highlighted the importance of nutrition and holistic well-being under the themes of Addressing Obesity, Vocal for Local, Convergent Actions & Digitization, Infant and Young Child Feeding Practices, Men's Involvement in Nutrition, and Poshan Bhi Padhai Bhi. The program was formally inaugurated by Sher Singh, Additional District Commissioner Jammu, in the presence of Swami Jaynadarhananda Ji, Secretary Ramakrishna Mission, and Pankaj Anand, District Programme Officer Mission Poshan Jammu, as special guests.

A series of engaging activities were conducted during the event, including expert talks, Swasth Balak Pratyogita, Rangoli-making competitions, installation of nutrition and awareness stalls, free health checkups, and distribution of Ayurvedic medicines. These activities aimed to promote health awareness and educate participants on adopting healthy dietary and



lifestyle practices.

Speaking on the occasion, Sher Singh stressed the importance of proper nutrition, especially for children, pregnant women, and lactating mothers, who form the primary beneficiaries of Mission Poshan.

He underlined the role of community-driven initiatives in combating malnutrition and lifestyle-related health issues.

Pankaj Anand also addressed the gathering, urging collective efforts during this month-long campaign to spread widespread awareness for achieving improved community health outcomes.

In his keynote address, Swami Jaynadarhananda Ji highlighted the spiritual and social significance of health and nutrition, emphasizing holistic living as a way to build a healthier society. He assured Ramakrishna Mission's continued involvement in such meaningful awareness programs in the future.

Mohit Bharti, CDPO Kot Bhalwal, delivered the vote of thanks, acknowledging the voluntary support of Ramakrishna Mission Medical Centre

and Government Ayurvedic Hospital. He appreciated the commitment of all stakeholders in promoting the theme "Eat Right for a Healthy Life". He also expressed gratitude to Swami Vijayeshananda Ji for his guidance and called for greater coordination in ensuring the success of Poshan Maah initiatives.

The celebrations emphasized key themes including Addressing Obesity, Men's Involvement in Nutrition and Caring, Environment Campaigns, and Poshan Bhi Padhai Bhi. Participants benefited from free consultations, Ayurvedic health guidance, awareness sessions on preventive healthcare, nutrition practices, and sustainable living.

The event witnessed enthusiastic participation from the local community and concluded with a collective call to action for continued awareness and commitment towards health, nutrition, and well-being.

For more information, please contact Ramakrishna Mission Medical Centre, Udhewala, Jammu on Ph: 9596984032.

DIG Jammu Kathua Range Devotional Bhajan "Maa Ne Tare Bhagat Bade" released in Jammu



TT CORRESPONDENT

JAMMU, SEPT. 17 : Dy Inspector General of Police Jammu Samba Kathua Range Shiv Kumar Sharma IPS along with Sahil Mahajan M.D Maa Bawe Wali Records, Komal Singh Manhas Bureau Chief of News 18 India, Atul Gupta Unique Voice News & Vishal Sharma releases a new devotional song titled "Maa Ne Tare Bhagat Bade" adding a new melody to the rich tapestry of local spiritual music. The Devotional song, "Maa Ne Tare Bhagat Bade" features the heartfelt voices of singers Vishal Sufi and Ricky Sufi. The soulful lyrics have been penned by Munish Jammu wala, with music composed by Kumar Gourav. The song's visual narrative was directed by Krish Rakwal, with cinematography by Ravi Bhagat. Shiv Kumar Sharma while Speaking said "It is a great pleasure to be a part of the release of 'Maa Ne Tare Bhagat Bade' especially devotional music which has a unique way of connecting people and bringing peace. I congratulate the entire team for their dedication and creating such a beautiful piece of art. This song will surely resonate with many and strengthen their spiritual connection." Sahil Mahajan while speaking said that he has always believed in promoting local talent and preserving our cultural heritage. "Maa Ne Tare Bhagat Bade" is a testament to the immense talent present in our region. The song's message of faith and devotion is something that we all need in our lives, and I am confident it will be very well received by the audience."

Speaking During the Programme Sahil Mahajan said that "We at Maa Bawe Wali Records are committed to promote the unique musical culture of Jammu and Kashmir. We hope this song touches the hearts of listeners and becomes a staple in their devotional playlists."

The song is now available on Youtube Channel Vishal Sufi Music Presents. The launch event was attended by Vivek Anchor, Manish, Amit Kumar, and Vansh Dogra, who were part of the creative team.

J&K Youth Congress Observes National Unemployment Day in Jammu to Mark PM Modi's Birth Anniversary



TT CORRESPONDENT

JAMMU, SEPT. 17 : The J&K Pradesh Youth Congress (JKPYC) on Wednesday observed National Unemployment Day in Jammu under its nationwide campaign "Naukri Chor, Gaddi Chhod", to mark the birth anniversary of Prime Minister Narendra Modi. The protest was led by JKPYC General Secretary Anirudh Sawhney. Even national and international medalists from martial arts actively joined the protest, standing shoulder to shoulder with Youth Congress activists to fight against joblessness.

In a symbolic demonstration highlighting the rising

joblessness, Youth Congress activists carried a cart and sold pakoras on the roadside, mocking the government's repeated failure to provide adequate employment opportunities to the youth despite their qualifications.

The protestors raised slogans against the Central government, alleging betrayal of young aspirants who continue to face an uncertain future.

The demonstration saw the participation of State General Secretary Anirudh Sawhney along with State Vice President Adv. Ranjodh Singh, General Secretary Swarn Singh Jara, Secretary Anmol Kohli, Mehul Abrol

(President Jammu East), and Youth Congress leaders Navjot Singh, Amir Hussain Malik, Adv. Haris Aly, Shoukat Hussain Malik, Moulik Sharma, Mohamad Iqbal, Mohamad Salim, Vansh Gupta, Aryan Singh Charak, Aman Manhas, Toshak Sharma, Hanan Younis, Jibran, Minhaj Bashir, and Haseeb Malik.

Speaking on the occasion, State General Secretary PYC Anirudh Sawhney strongly criticized the Modi government, saying that over three lakh young people in J&K alone have registered themselves as unemployed this year, yet the government shows no concern. Prime Minister Modi is unworried about the struggles of youth because he has secured his position through vote chori, and therefore feels no accountability for naukri chori. That is why Youth Congress launched the Naukri Chor, Gaddi Chhod campaign-to highlight the duvidha and suffering of our youth.

Saroori Visits Bunjwah, Kishtwar; Demands Rehabilitation and Special Relief Package for Affected Families

TT CORRESPONDENT

KISHTWAR, SEPT. 17 : Senior Congress Leader and former Minister of J&K, G. M. Saroori, visited the rain and landslide-affected families of Bunjwah in Kishtwar district. During his interaction with the victims, he stressed the urgent need for a comprehensive rehabilitation package, saying that the affected families have lost everything and cannot be left with meagre assistance.

Saroori met several families whose houses and farmlands were completely damaged by the recent heavy rainfall and landslides. The locals apprised him of their hardships, pointing out that they are without safe shelter, food supplies, and basic amenities. They expressed disappointment over the inadequate relief being provided by the authorities.

Speaking on the occasion, Saroori revealed that more than a dozen houses



have been completely destroyed in the area. He said the land has slipped to such an extent that it is no longer safe for people to rebuild or reside there. He further pointed out that the Tehsildar, during his visit, also acknowledged that reconstruction of houses at the same site is not possible.

Saroori demanded that the government resettle the victims on the pattern of Chasoti rehabilitation, so that the families are shifted to a safer place and are not exposed to similar disasters in the future. "The people have lost everything-houses, land, and livelihood. Nothing

remains for them. The government must immediately announce a rehabilitation package so that they can begin their lives afresh," he said.

Criticizing the token relief measures, Saroori remarked that financial assistance of ₹3,000 or ₹6,000, or distribution of a few kilograms of rice, cannot provide any meaningful support to the victims. "Such symbolic measures are nothing less than a cruel joke on the miseries of the affected families," he said, urging the administration to come forward with a special relief package and ensure permanent rehabilitation for the disas-