

## President of India Interacts With Students of Jammu & Kashmir as Part of National Integration Tour Conducted By Indian Army

**Jammu, Sept. 12 :** As part of the National Integration Tour organized by the Indian Army, a group of students from Jammu &

authority of the nation and gain valuable insights into India's leadership, governance and democratic ethos. During the interac-

instilling in them a greater sense of responsibility, patriotism and national pride. Following this memorable interaction, the stu-

their understanding of the dedication and bravery of those who protect India's sovereignty. The National Integration Tour remains a



Kashmir had the rare privilege of interacting with the President of India at Rashtrapati Bhavan. The interaction offered the young participants a unique opportunity to engage with the highest constitutional

tion, the President encouraged the students to pursue excellence, uphold the values of unity and contribute positively to the nation's progress.

The experience left the students deeply inspired,

dents visited the National War Memorial and the iconic India Gate, where they paid solemn tribute to the courage and sacrifices of the armed forces. These visits provided moments of reflection and reinforced

significant initiative of the Indian Army, fostering national unity, resilience and a shared sense of purpose among the youth, while strengthening their emotional bond with India's heritage and aspirations.

## Army and NCCHWO provide healing touch to the victims of Floods

**Akhnor, Sept. 12 :** The recent rains caused unprecedented floods in J&K and many states of India, leading to great loss to life and property. In the past also, NCCHWO Members have been helping fellow countrymen in distress like COVID. Accordingly, a liaison was carried with the Crossed Sword Division, to ascertain the worst flood affected population adjoining River Chenab, so that the needy could be extended help and efforts of the Government could be supplemented. On the request of Brig Harcharan Singh (Retired), the Indian Army identified certain severely affected villagers of Pallanwala. Requisite items of daily usage were procured to include Ration, Kitchen Appliances, Toiletry items, Bedding etc. A simple gathering was organized by the army at Akhnor, where the necessary items of daily use were handed over to the Victims of flood, in the presence of senior Army officials. It was assured by the Army that all the donated items would be delivered to Villagers at their doorstep.

In addition to providing material help to affected

families, occasion was also used to interact and provide healing touch to those, who faced the fury of Mother Nature, unleashed during recent floods. The affected villagers require both material help and psychological

Kyari Sainik Colony, Team Urban Mela, Aggarwal Sabha Jammu, Jainco Automobile, Dentist Association, IWC Jammu Tawi, who came forward to supplement the efforts of NCCHWO, by mobilizing

Jammu, who always volunteer to help those who are in urgent need of rehabilitation. He said, that in border area, anyone requiring help can contact any Army unit in vicinity, even on telephone. The citizens/ NGOs



support of the society, during this difficult phase. Brig Harcharan Singh mentioned about the support given by the Army in the whole of J&K and other places affected by natural calamities. With their timely humanitarian aid and dedicated efforts, the Army has won the appreciation of people. He also appreciated the role of other NGOs, eg, Rotary Club Jammu Elite,

funds and providing material help. Citizens of Jammu are always there to supplement relief efforts run by Govt and the Army. As it happened to be the auspicious Day when NCCHWO was raised, the members of NCCHWO renewed their resolve to continue efforts to support the needy.

GOC Crossed Sword Division appreciated the efforts of citizens of

who took initiative to help the needy family were felicitated by the GOC, followed by appreciation to Mrs Paramjit Kaur, National President of Women Cell, NCCHWO.

The rock solid support of the Army/ NGOs for the citizens in distress has proven that family is not about blood, it is who is willing to hold your hand when you need it the most.

## Dr. Pardeep Mahotra calls for stern action against Food Adulteration in J&K

**Jammu, Sept. 12 :** Dr. Pardeep Mahotra, Media Incharge of J&K BJP, lauding the ongoing drive of the Police and the Food Safety, Drugs & Food Control Organization against adulterated and unsafe food items, stressed that the campaign be further intensified and expanded to the micro level to safeguard public health in Jammu and Kashmir.

Expressing serious concern over the repeated seizures of adulterated, unsafe and expired food products by the concerned authorities, including the police and the Food Safety

Department, Dr. Pardeep emphasized that such practices directly endanger the lives of people and create a heavy burden on the health sector. He said that the food adulteration is not just an act of profiteering, rather it is a crime against society that jeopardizes human lives. He added that the expired or contaminated food leads to serious health complications, placing an additional load on medical services that are already stretched.

Dr. Pardeep called upon the Omar Abdullah-led government to take proactive and strict preventive

measures to secure the health of the J&K residents. He said that the government must ensure that systematic checks are carried out across both regions of Jammu and Kashmir. He said that the menace of adulterated food must be addressed with zero tolerance. He said that regular monitoring, surprise inspections, and stringent penalties against violators are the need of the hour.

Referring to the recent incessant rains, cloud-bursts, and flash floods that have increased the risk of diseases, Dr. Pardeep cautioned that compromised

immunity among people makes them even more vulnerable to unsafe food consumption. He further said that at a time when the public is already facing health risks due to natural calamities, the administration must remain extra vigilant to prevent a secondary crisis arising from food adulteration.

Dr. Pardeep appealed to the authorities, civil society, and the general public to work collectively in curbing this menace, ensuring safe, hygienic, and genuine food supply for every resident of Jammu and Kashmir.

## Indian Army's Surya command successfully completes "Surya quest 2025" motorcycle expedition from Dehradun to Leh

**Leh, Sept. 12 :** The Surya Command of the Indian Army has successfully completed its high-altitude motorcycle expedition, "Surya Quest 2025", marking a spectacular journey of endurance, resilience and camaraderie.

The expedition was flagged off on 05 September 2025 from the Golden Key Division Headquarters, Clement Town, Dehradun, by Lt Gen Anindya Sengupta, Army Commander, Central Command. After traversing some of the most scenic yet challenging Himalayan terrain across Uttarakhand, Himachal Pradesh (Spiti & Lahaul) and finally into Ladakh, the expedition culminated today with a flag-in ceremony at the Hall of Fame, Leh, presided over by Lt Gen Navin Sachdeva, Chief of Staff, Central Command.

Themed "Indian Army – Guardians of Northern Borders", the expedition

symbolised the Army's enduring commitment to safeguarding the nation under extreme conditions.

motorcycles in partnership with Indian Oil Corporation Limited. Along the route, the riders interacted with

just about adventure riding - it is about honouring our soldiers, strengthening military-civil bonds, and cele-



Riding through high passes, remote valleys and border areas, the team paid tribute to the valour and sacrifices of soldiers guarding India's frontiers.

The expedition saw the participation of both Army personnel and 12 civilian riders, riding Royal Enfield

local communities, NCC cadets and Army veterans, promoting military-civil connect, border tourism, cultural linkages and national integration.

Speaking at the culmination, Lt Gen Navin Sachdeva said: "Surya Quest 2025 is not

brating the spirit of resilience, unity and nation-building."

The journey stands as a celebration of India's motorcycling heritage and a reminder of the Army's unflinching commitment as the Guardians of the Northern Borders.

## Indian Army Organized an Ex-Servicemen Meet at Chhatral, Poonch

**Poonch, Sept. 12 :** Indian Army organized a dedicated Ex-Servicemen (ESM) interaction at Chhatral. The event was attended by 26 ESMs, reinforcing the enduring bond between the serving troops and their retired comrades. The initiative was taken in an attempt to listen to the Grievances of the veterans and address them. The program also aimed at enhancing the welfare and integration with ESMs. By focusing on carrier opportunities, welfare schemes and community engagement, the Army seeks to ensure that veterans continue to receive

help and support they have earned. Employment and resettlement support remain a cornerstone of the initiative.

Veterans were guided on avenues to utilize their vast experience and skills in various sectors, helping them secure meaningful post-retirement roles. Equally emphasized was the facilitation of pension and welfare benefits. Dedicated help desks and liaison teams are actively working to simplify the process of accessing pensions, ECHS healthcare and financial support ensuring that the needs of veterans and their



families are met with efficiency and care. In addition to these services, the meet also served as a community-building platform. Through informal discus-

sions, welfare updates and feedback sessions, the event fostered a sense of camaraderie and reaffirmed the commitment to stand beside its veterans.

## DC Ramban reviews preparations for Seva Parv, Swasth Nari Sashakt Parivar & Poshan Maah campaign

**RAMBAN, SEPTEMBER 12 :** Deputy Commissioner Ramban Mohammad Aliyas Khan today chaired a meeting of District Officers to finalize arrangements for Seva Parv, Swasth Nari Sashakt Parivar and Poshan Maah 2025 celebrations in the district.

Seva Parv, a nationwide citizen-centric initiative, will be observed from 17 September to 2 October, Swasth Nari Sashakt Parivar will run concurrently, and Poshan Maah will be celebrated from 17 September to 16 October 2025 as a Jan Andolan to mobilize communities for improved health and nutrition.

The meeting was attended by ACR Shokat Hayat Mattoo, Chief Planning Officer Dr. Shakeeb Ahmed Rather, CMO, DYSSO, AD FCS&CA, AD Handicrafts & Handloom, SDMs, DFOs, BDOs (virtually) and other senior officers. It focused on integrated planning for health, nutrition, sanitation, service delivery and financial inclusion across all blocks and panchayats. The Deputy Commissioner directed all departments to work in close coordination for the successful conduct of these programmes, which aim to bring governance closer to the people, ensure inclusive development and promote culturally rooted nutrition practices in Ramban district.

The DC said Swasth Nari Sashakt Parivar will promote women's health and well-being through out-

reach programmes, health check-ups, nutrition counselling and awareness on anaemia prevention, maternal health, menstrual hygiene and the active participation of self-help groups.

Poshan Maah 2025, themed "Suposhit Bharat," will focus on addressing obesity, Early Childhood Care & Education, Infant & Young Child Feeding and

reach programmes, health check-ups, nutrition counselling and awareness on anaemia prevention, maternal health, menstrual hygiene and the active participation of self-help groups.

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the needy.

To strengthen health services, the Health Department was asked to organize health check-up camps, blood donation drives, and nutrition and awareness sessions under the Poshan Abhiyan across all blocks. Other departments were also directed to hold awareness and financial literacy camps on flagship schemes like PM-



drives under the theme "Ek Ped Maa Ke Naam, Ek Ped Shaheed Ke Naam" to honour the nation. Degree Colleges and Higher Secondary Schools, and other educational institutions were directed to actively participate by organizing donation drives for books and stationery, undertaking school and campus beautification and arranging voluntary extra classes for students.

The DC said Swasth Nari Sashakt Parivar will promote women's health and well-being through out-

men-streaming with activities such as BMI screenings, IYCF counselling, complementary feeding demonstrations, Poshan Chapals and fitness challenges.

Emphasizing social outreach, the Deputy Commissioner directed the Social Welfare Department to engage with vulnerable sections by visiting old-age homes and orphanages, interacting with elderly persons, donating assistive devices such as wheelchairs and hearing aids and organizing community meals for

Kisan, Ayushman Bharat - PMJAY, PM Jan Dhan Yojana (PMJDY), PM Atal Pension Yojana (PMAPY), PM Jeevan Jyoti Bima Yojana (PMJJBY) and other financial inclusion initiatives to empower citizens. It was informed that a district-level programme will be held at the Conference Hall, District Administrative Complex Ramban, in sync with the launch of the national programme by Hon'ble Prime Minister on September 17, 2025, ensuring maximum community participation.

## Indian Army HADR Healing Hearts, Lifting Lives at Kalidhar, Akhnor

**Akhnor, Sept. 12 :** In the wake of torrential rains and floods along the Manawar Tawi, the Kalidhar Brigade of the Indian Army reached out to the flood-affected residents of Sunderbani and nearby border villages by organizing a Medical Relief Camp. This timely humanitarian initiative provided critical support to communities struggling with the devastation caused by incessant rains.

The camp extended medical consultation and distributed essential medicines to 113 men, 90 women and 73 children, ensuring care reached every section of society. The presence of Army doctors and support staff brought not only medical relief but also reassurance and comfort to

families battling hardship. The initiative reaffirmed

to standing shoulder to shoulder with citizens in

pillar of strength and support during natural calamities.



the Indian Army's ethos of "Service Before Self" and highlighted its commitment

times of crisis. Beyond safeguarding borders, the Army continues to act as a

ties, restoring hope and resilience among affected populations.

## IWC Jammu Sampark ceremonies Teacher's day in GBody meeting

**Jammu :** Innerwheel club Jammu Sampark hold its Gbody meeting in Jammu club. It was resolved that Teachers day be also ceremonies which could not be held on Teachers day due to unfair weather conditions. Five teachers were awarded which include Dr. Vinay Gupta, Dr. Sneha Gupta, Miss Shyama Anand, Dr. Nirmal Raina former prof in a college, Seema Sharma. In rangarang program members did Ramp Walk in ethnic dress and displayed their talents. More than 50 members participated including President of club Rattan Prabha, Charter President Reva Raina, Past President Anila Mengi, vice



president Kusum Kesar, Secretary of club Santosh Manhas, ISO Daisy, treas-

urer shmya anand Editor of club besides cultural items five new members

were also inducted. Heavy tea was served while concluding the meeting.