

Sadhguru spread nectar of his discourses in Rakhbandhu



TT CORRESPONDENT

JAMMU, JULY 13 : Sadguru of Sahib's worship Shri Madhuparamhans Ji Maharaj, while delighting the congregation with the nectar of his discourses in Rakhbandhu, said that if a person always remembers that one day he will have to leave this world, then half of his troubles will end. This is the land of death. Death is always sitting above his head. It can kill him anytime. Man spends his entire life like this. No one is happy in this world.

Sahib's words are a warning. Sahib is saying that everyone is unhappy here. No one is happy. Look at the biography of those whom we respect. Time is passing by. Man deliberately shows impudence. Death strikes him. This is applicable to everyone. The body is fragile. First, the waist will be affected, the food eaten will not be digested, gas will form in the stomach. The legs will stop working while walking. Eyesight will become weak. Teeth will break. In this way, death will slowly come near. We all are seeing this. The pot which is leaking, which is cracked, will slowly finish. Man is unaware of death. Slowly everything will keep decreasing. Later man takes to bed. Death comes near. If he takes to bed then he will die. Body's capacity will weaken. There will be new diseases. Lungs will become weak. Memory will become weak. Kidney will not work properly. Like the sun goes towards the west, the light decreases. Mind and Maya will not give time for Bhajan. Be alert from now. You will not get a chance for Bhajan later. The reality is that after 37 years middle age begins. Even in that the strength decreases. Death is so cunning that it comes restlessly. Many diseases come. Like thunderbolt strikes, mind and Maya attack this body. One day you will have to leave this body. This is the mortal world. Be careful. Nothing is yours here. No one belongs to anyone. This is the intoxication of Maya that this is mine, that is mine.

This death comes slowly like a lioness. Niranjana himself has said that in Kaliyug there will be many diseases.

If you are thinking that you will do bhakti after getting old then it is your mistake. You will not be able to do it then. Start from now itself.

Vishal Sharma (Insane Comic) Leaves Jammu in Splits at The Chatter Box's Power-Packed Comedy Evening



TT CORRESPONDENT

JAMMU, JULY 13 : Laughter echoed through the walls of Chatter Box on the evening of July 13th as Vishal Sharma, popularly known as Insane Comic, delivered a sensational stand-up performance in his Jammu debut. The event, hosted by The Chatter Box, lived up to its promise of presenting fresh, high-quality entertainment and drew a packed house of enthusiastic comedy lovers from across the city.

Vishal Sharma, a fast-rising name in the Indian stand-up comedy scene with over 170,000 followers, charmed the audience with his clean humour, relatable content, and hilarious storytelling in the Kangri dialect. With over 75 shows to his credit and recognition from the Chief Minister of Himachal Pradesh for promoting regional comedy, Vishal's performance marked a major milestone in Jammu's live entertainment scene.

Warning up the stage were two local performers viz. Amit Singh Andotra, also known as Comedian Chui, and Atul Sharma, who both won hearts with their short yet impactful sets. Amit, a young artist from Kathua, has appeared on platforms like Sony TV's "India's Laughter Champion" and brings a strong presence from regional cinema and digital comedy. Atul, a stand-up comic and copywriter, brought relatable humour from everyday life and added depth with his sharp observations.

The show was conceptualised by Shivam Singh (Founder) and Meenakshi Bhagat (Co-Founder) of Chatter Box, who continue to pioneer live entertainment experiences in Jammu. The event management and coordination were ably handled by Roheet Verma. Amit Singh Andotra, Disha Bhagat, and Anadi Sharma, ensuring a seamless experience for the audience and performers alike.

Held at the centrally located Chatter Box venue, the show saw a tremendous response, with tickets sold out in advance via BookMyShow. The laughter-filled evening not only highlighted the rising demand for stand-up comedy in Jammu but also celebrated the growing talent from the region.

Speaking on the occasion, Shivam Singh said, "Our vision with Chatter Box is to create a space where regional and national artists come together to build a thriving cultural community. The audience's overwhelming response shows that Jammu is ready for more such evenings."

Conduct of Medical Patrol for Gujjar and Bakarwals at Khodra, Rajouri

TT CORRESPONDENT

RAJOURI, JULY 13 : The Indian Army has always been recognised for its ethos, values and traditions of the highest order. Its professional and humane approach is well known and consistently praised. Upholding these traditions, the Indian Army continues to work hand in hand with the Awam to address various challenges, including those related to healthcare. In line with this commitment, the Indian Army at Samote organised a medical patrol for the Gujjar and Bakarwal communities in the remote area of Khodra Village on 13 July 2025. A total of 40 locals from the village of Khodra benefited from the initiative, availing themselves of free medical treatment and medicines.

IIM Jammu to hold a Five-Day Holistic Orientation Programme

TT CORRESPONDENT

JAMMU, JULY 13 : The

Indian Institute of Management (IIM) Jammu is set to host a five-day Holistic Orientation Programme from 14th to 18th July 2025 at its picturesque Jagti Campus, marking the formal induction of the 6th Batch of Ph.D., 4th Batch of Ph.D. (Working Professionals), 10th Batch of MBA, 4th Batch of MBA (Healthcare), and 5th Batch of EMBA. This extensive orientation programme aims to orient students towards the institute's core values, academic culture, and commitment to excellence.

The inaugural day, 14th July 2025, will witness the gracious presence of Dr. Jitendra Singh Ji, Hon'ble Minister of State (Independent Charge) of the Ministry of Science and Technology; Minister of State (Independent Charge) of the Ministry of Earth Sciences; Minister of State in the Prime Minister's Office; Minister of State in the Ministry of Personnel, Public Grievances and Pensions; Minister of State in the Department of Atomic Energy; and Minister of State in the Department of Space, Government of India, as the Chief Guest. The orientation programme will commence with the inauguration of the newly constructed Hostel Complex by Dr. Jitendra Singh, Minister of State (Independent Charge) of the Ministry of Science and Technology; Minister of State (Independent Charge) of the

Ministry of Earth Sciences; Minister of State in the Prime Minister's Office; Minister of State in the Ministry of Personnel, Public Grievances and Pensions; Minister of State in the Department of Atomic Energy; and Minister of State in the Department of Space, Government of India, on 14th July 2025.

The inaugural ceremony will be presided over by Dr. Milind Kamble, Chairman, Board of Governors, IIM Jammu in presence of Prof. B.S. Sahay, Director, IIM Jammu. Distinguished guests will include Prof. Manoj Singh Gaur, Director, IIT Jammu; Prof. (Dr.) Shakti Gupta, Director, AIIMS Jammu; Shri Amitava Chatterjee, MD & CEO, J&K Bank; and Shri Nalin Prabhat, IPS, Director General of Police, Jammu & Kashmir. The day will also feature sessions by Shri Piyush Jain, CMO & CDO, Agilus Diagnostics, and Shri Venkatadri R., Chief Revenue Officer, Tata Chemicals. A cultural evening by the Jammu & Kashmir Academy of Art Culture and Languages (JKAACL) will add a traditional flavour to the proceedings.

Dr. Milind P. Kamble, Chairman, Board of Governors, IIM Jammu, remarked that the Holistic Orientation Programme lays the foundation for an enriching academic and personal journey at IIM Jammu. He emphasized that this initiative is more than a ceremonial welcome-it is a well-structured

opportunity for students to immerse themselves in the Institute's ecosystem, interact with diverse leaders, and begin forming lifelong professional networks. He wished the new students a purposeful and successful journey ahead.

Prof. B.S. Sahay, Director, IIM Jammu, highlighted that the five-day holistic orientation programme is thoughtfully curated to ease students into the culture, values, and academic rigor of the Institute. He noted that it offers an ideal platform for students to connect with peers, faculty, industry leaders, and administrators-providing clarity, direction, and inspiration as they begin their transformative journey. Welcoming the new batches to the world-class Jagti Campus, he expressed his confidence that the programme would spark curiosity, build confidence, and foster a sense of belonging among all incoming students.

Prof. Jabir Ali, Dean Faculty and Research, IIM Jammu, stated that the orientation programme is a stepping stone for students to engage deeply with the academic culture and research-driven environment at IIM Jammu, setting the tone for innovation and inquiry from day one.

Prof. Nitin Upadhyay, Dean Academics, IIM Jammu, emphasized that the programme is designed to help students navigate the academic framework with clarity and confidence, ensuring a smooth transition

into a rigorous yet rewarding learning journey.

On Day 2, 15th July 2025, the programme will host Maj. Gen. Mukesh Bhanawala, General Officer Commanding, 26 Division, followed by an engaging session with renowned Indian Ad Guru Prahlad Kakkar. The day will continue with insights from Abhay Shrivastav, Sr. President - Operations, Mankind Pharma, and Shri Shivaraman Iyer, Global CFO, GeBBS Healthcare. A keynote session will be delivered by Dr. Anurag Batra, Chairman and Editor-in-Chief, BW Businessworld, and Founder, Exchange4Media Group. A special panel discussion titled 'Job Seeker to Job Creator: J&K Entrepreneurship Ecosystem' will feature local industrialists including Shri Rajesh Jain, Proprietor, Vardhman Alloys, Shri Anil Suri, Proprietor, Tawi Arc Electrodes Pvt. Ltd; Anil Gupta, Director, Annaphar Laboratories; Aagam Jain, Director, Natural Fresh Foods; and Shri Hasit Singh Sachdeva, Proprietor, R.P. Steels. The day will conclude with the vibrant theatre and dance event 'Rang Tarang' curated by the IPM batch under the direction of Padmashri Balwant Thakur.

Day 3, 16th July 2025, will spotlight the Institute's alumni achievements through a panel discussion featuring Ms. Manisha Srivastava, Associate Practice Director at Birlasoft, and Jeevan

Arepally, Senior Product Manager, Nielsen. The other sessions will be led by Dhooop Mittal, CFO, Hero Housing Finance; Shri Salil Lal, CHRO, Maruti Suzuki India Ltd.; and Shri Abhishek Gupta, CMO, Edelweiss Life Insurance. The day will end with a cultural performance presented by the IPM 4 batch under the guidance of Padmashri Balwant Thakur.

On Day 4, 17th July 2025, the institute will welcome Anshul Garg, CEO, Shri Mata Vaishno Devi Shrine Board, for a unique session on the 'Temple Economy'. The day will also include talks by Kaushik Konlode, Director - Talent Acquisition, Pattern; Shri Kamal Stephen, APAC Talent Acquisition Head, SAP; and Sudarshan Bose, Associate Director, Willis Towers Watson.

The final day, 18th July 2025, will feature industry leaders including Shri Dev Kumar Tripathy, CFO, Philips Consumer Electronics; P. A. Asitkanta Khuntia, General Manager - Talent Acquisition, Hindustan Petroleum; Saurabh Deep Singla, CHRO, IndiaMart; and Ms. Deepali Jetley, CHRO, Marengo Asia Hospitals.

The valedictory ceremony will be graced by Manoj Sinha, LG of J&K, as the Chief Guest. On this occasion, Manoj Sinha will also inaugurate Tejas, the world-class Sports Complex at IIM Jammu. The event will be presided over by Dr. Milind Kamble, Chairman, Board of Governors, IIM Jammu, in

the esteemed presence of Prof. B.S. Sahay, Director, IIM Jammu. Atal Dulloo, Chief Secretary, Govt of J&K, will join as the Guest of Honor and Shri Sudhir Langer, CEO and MD, RPSG FMCG, will deliver the Keynote Address. The evening will conclude with a vibrant cultural performance by Natrang, led by Padmashri Balwant Thakur.

Each day of the programme will commence with Maximize Happiness and Mindfulness sessions conducted in the early morning hours by Yoga Guru Shri Sahil Mehra, under the aegis of Anandam - The Center of Happiness, IIM Jammu. These sessions are designed to help students stay centered, focused, and energized throughout the day. The programme also features a rich blend of workshops, academic sessions, outbound activities, panel discussions, and networking opportunities with distinguished professionals and thought leaders from diverse sectors. The holistic five-day orientation program at IIM Jammu is thoughtfully designed to offer a comprehensive and enriching experience, equipping the incoming batch for a dynamic and intellectually stimulating academic journey. Reflecting IIM Jammu's unwavering commitment to academic excellence, industry integration, and value-based leadership development, the five-day orientation program lays a strong foundation for the personal and professional growth of its new cohorts.

NC pays Glowing Tributes to July 13 Martyrs; condemn LG Admin for forcibly House Arrest of Party leaders in Kashmir

July 13 symbolizes J&K's struggle for democracy, justice: Dy CM

TT CORRESPONDENT

JAMMU, JULY 13 : The Jammu and Kashmir National Conference (JKNC) today paid glowing tributes to the valiant martyrs of July 13, 1931, in a solemn function held at Sher-e-Kashmir Bhawan, Jammu.

The event was chaired by Rattan Lal Gupta Provincial President Jammu and witnessed the participation of Deputy Chief Minister Surinder Choudhary, Ajay Sadhotra, Additional General Secretary JKNC and former Minister, Babu Rampaul former minister and Central Zone President and Sheikh Bashir Ahmed Provincial Secretary Jammu and a large number of party workers who gathered to remember the supreme sacrifices made in the struggle for justice and democracy.

At the beginning of the programme, the senior NC leaders strongly condemned the undemocratic move of the LG-led administration for forcibly placing the democratically elected government's leadership in Kashmir Valley



under house arrest. They denounced this as a blatant and arbitrary infringement on fundamental rights. They asserted that the LG Administration is intentionally disrupting the peaceful atmosphere in Jammu and Kashmir, warning that detaining people's representatives not only stifles democracy but also deepens alienation among citizens-an act that undermines both stability and trust in governance.

Addressing the gathering, Deputy Chief Minister Surinder Choudhary said that July 13 marks a pivotal moment in the history of Jammu and Kashmir, symbolizing the people's collective yearning for democracy, social justice, and equality. "The martyrs of 1931 were not fighting against any religion or community. They were

demanding their basic rights and dignity," he asserted.

He further stated, "If they admire Nathuram Godse, who killed Mahatma Gandhi, then what's wrong in remembering the martyrs of July 13 who sacrificed their lives for the rights of the people?"

Surinder Choudhary also highlighted that Maharaja Hari Singh had convened an official inquiry-the Glancy Commission-into the killings, which underscores that those who fell were not criminals but victims of oppression and injustice.

The Deputy Chief Minister strongly criticized the BJP for attempting to distort history and target the July 13 martyrs. He said: "Instead of launching divisive campaigns, BJP

should explain its silence on the deteriorating condition of the J&K's hotel industry, transport sector, industrial sector and other burning public issues in Jammu and Kashmir."

Remembering martyrs, the former minister and Additional General Secretary Ajay Sadhotra said that the best way of paying tributes to them was to strengthen democracy and secularism in Jammu and Kashmir, which showed the shining example of pluralistic ethos during the most testing times of the history.

Rattan Lal Gupta in his address, said that 1931 was the turning point for Sheikh Abdullah in his political history.

"That was the time when the people galvanized around Sher-e-Kashmir Sheikh Mohammed Abdullah who stood like a rock for Hindu, Muslim and Sikh unity. July 13,

1931 was a crucial moment in the life of Sher-e-Kashmir Sheikh Abdullah as well as for the people of J&K State, symbolizing a shift from passivity to action.

Kavinder slams Omar for distorting history, calls Jallianwala Bagh victims true Freedom Martyrs

TT CORRESPONDENT

JAMMU, JULY 13 : Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta today came down heavily on Chief Minister Omar Abdullah for his controversial remarks equating the July 13, 1931 incident in Kashmir with the Jallianwala Bagh massacre, calling it an outrageous comparison and a deliberate attempt to rewrite history for political gain.

Reacting sharply to Omar Abdullah's tweet, the BJP stalwart said, "Omar Abdullah's statement lacks wisdom and responsibility. To call those who rose against the then Maharaja's rule 'martyrs' and compare them with the brave Indians who lost their lives in the Jallianwala Bagh massacre-true martyrs of India's freedom struggle-is not just misleading, it is deeply disrespectful."

He added, "On one hand, people sacrificed their lives fighting British colonialism, and on the other, some chose the path of rebellion that sowed the seeds of separatism. Glorifying them as national heroes is not only factually wrong but also dangerous."

Referring to Omar Abdullah's tweet that stated "13th July massacre is our Jallianwala Bagh...", the senior BJP leader said such rhetoric is aimed at reviving a divisive narrative based on communal identity. "It is unfortunate that the Chief Minister of a sensitive region is drawing communal lines in the name of history. The sacrifices that built this nation were made in the name of India, not religion. We must not confuse acts of rebellion against the state with the freedom movement."

Kavinder said the real tragedy is that the people of Jammu and Kashmir have suffered for decades because of the historical blunders made by Pandit Jawaharlal Nehru. "Had Nehru taken a firm stand in 1947, the situation in Jammu and Kashmir would have been different. It is the Modi government that is now correcting those grave errors and leading J&K towards a path of peace, progress, and integration."

Kavinder further said that the BJP stands firmly by its decision to remove July 13 from the list of official holidays in Jammu and Kashmir, stating that national observances should unite, not divide. "There is no place in New India for the glorification of anti-national elements. Our heroes are those who fought for India's independence and unity-not those who fueled discord and unrest."

ABVP Protests Outside CM Residence; Demand for Removal of Compulsory Urdu Requirement in Naib Tehsildar Recruitment



TT CORRESPONDENT

JAMMU, JULY 13 : Akhil Bharatiya Vidyarthi Parishad (ABVP) Jammu-Kashmir staged a strong protest outside the Chief Minister's residence in Jammu, demanding the removal of the compulsory Urdu requirement in the Naib Tehsildar recruitment process. The protest, led by ABVP members and Naib Tehsildar aspirants, was organized under the banner of "Basha Bachao Yatra" (Save Language Movement), aiming to

ensure equal opportunities for all candidates regardless of their linguistic background.

ABVP contends that making Urdu compulsory for Naib Tehsildar recruitment is discriminatory and violates the Jammu and Kashmir Official Languages Act 2020, which recognizes Dogri, Hindi, Kashmiri, Urdu, and English as official languages. State Secretary of ABVP Jammu Kashmir Sannak Shrivats said, "This is a final warning to the

Omar Abdullah government on behalf of ABVP Jammu-Kashmir. All candidates deserve equal opportunities in the Naib Tehsildar recruitment process. Making Urdu compulsory is not only unjust but also a clear-cut discrimination that can impact the future of thousands of talented young individuals. ABVP Jammu-Kashmir, emphasized that the organization's fight is not against the Urdu language but against the discriminatory policy of Omar Abdullah Govt. that seeks to marginalize certain groups. He stated, "We are not against Urdu, but against the policy that ignores other languages. We demand equal weightage for all five official languages - Dogri, Hindi, Kashmiri, Urdu, and English - in the recruitment process."

ABRSM Holds Monthly Meeting and District Body Expansion in Jammu

TT CORRESPONDENT

JAMMU, JULY 13 : The

monthly meeting of Akhil Bharatiya Rashtriya Shaikshik Mahasangh (ABRSM), Jammu District, was held today under the presidency of Sh. Pawan Sharma, District President, and in the esteemed presence of State President Rattan Sharma.

The meeting marked the extension of the District Body, with new responsibilities assigned to: Tarsem Lal, Ram Rattan Bali, and Satishtha Devi as Vice Presidents, Bali Ram as Additional Secretary, Ajay Kumar as Media Prabhari, Narotam Sharma as Seh Media Prabhari, and Tarseem Kumar as District Executive Member.

The Zonal Body of Bhalwal Zone was also



formed, with Jeeva Kant as Sanyojak, Ajay Kumar as Sah Sanyojak, and Smt. Nirmal Sharma as Mahila Karyakarta.

Several prominent dignitaries graced the occasion, including Sh. Rahul Sharma (UT Joint Additional Secretary), Rakesh Sharma State Executive member, Ved Parkash, District General Secretary, Ravinder Singh Sr. Vice President,

Kuldeep Kumar Zonal President Jourian, Ashwani Kumar Zonal President Khour, Tirth Ram, Shinda Kumar, Mrs. Poonam Lala, Mrs. Anjana Sharma, Charanjeet Singh and others.

The programme featured devotional renditions, felicitations of senior educators, and inspiring addresses on the role of teachers in societal transformation.